



Corona Norco Stingrays Code of Conduct for Players

Each year we want the hockey player and parents or guardians to know what is expected of them throughout the hockey season. Everyone should endeavor to have a fun learning experience each year with minimum distractions. It is our hope that with mutual consent from players, parents, and coaches, that this will be accomplished. Cooperation and teamwork is vital to your team success!

Player Code of Conduct Agreement

The Corona Norco Stingrays High School Hockey Program believes strongly in the values of teamwork, sportsmanship and leadership through example. As a player in the Stingrays organization, your actions reflect not only on you, but also on your teammates, your coaches and the Stars program. In exchange for the opportunity to play for the Corona Norco Stingrays High School Hockey Program, I agree to abide by and follow the rules of the guidelines below.

Be Prepared To Play. I will be committed to developing as a hockey player. This includes attending practice, listening to my coach, and always giving my best effort. I will take care of my equipment, my uniform and my body by eating right and getting enough sleep to make sure I am ready to play hockey.

Be Ready to Learn. I will come to every practice and game ready to learn more about hockey and give 100% of my effort. I will arrive at practices and games on time and be prepared – 30 minutes before practices and 60 minutes before games. I understand that it is my responsibility to have all of my equipment for practices and games and wear Stingrays issued gear. I will accept and forgive my mistakes and the mistakes of my teammates, coaches, referees and officials because I understand that we can all learn from our mistakes.

Arriving To Practice and Games. I promise to be on the ice at the time the practice or game is scheduled for. I understand that if I am late for a game or practice it makes it hard for my coaches and teammates. If I contact my coach before the practice starts, and miss practice because of illness, church or special family activities, my absence will be excused. If I miss a practice or game without being excused, I understand the coach may enforce a penalty such as reduced play-time.

Winning Attitude. I like to win and my team likes to win and I know that a big part of a winning season is a winning attitude. That means that I will try hard, never give up and always try to encourage my teammates to try hard. Then, even if we do not win, we can be proud of ourselves for having done our best. I will show good sportsmanship at all times, both when winning and losing.

Respect for My Teammates. I will treat my teammates respectfully and will encourage them so they can do their best. I will help my teammates by exercising self-control both on and off the ice and to have fun without making it hard for anyone else to have fun. I will never “make fun of” or “put-down” a teammate because those remarks reflect poorly upon me and my team. I will use proper etiquette on and off the ice, including in the locker room and at team events. I will not use offensive language or swearing.

Respect for My Opponents. I will always thank the other team for the competition and congratulate the other team whether we won or lost. I will never put-down or ridicule players of the opposing team.

Respect for My Coaches. I will listen to my coaches and try to understand what they are trying to teach me. I will ask questions if I do not understand. I understand that they are giving their time to make me a better hockey player. I will not swear, use foul language or talk back to my coaches. I will suggest other ways to do things if I have an idea, but I agree that my coaches may prefer that I do things their way because it may be better for the team and it is their job.

Respect for Referees. I will respect the referees at all times and I will not complain about penalties or calls made by the officials. I understand that they are in charge of enforcing the rules of ice hockey, and I will respect their opinions at all times, even though I may disagree with the officials or referees, I will exercise self-control and direct my energy to play harder so that I will earn the respect of my teammates, coaches and the other team. I will not swear to or talk back to the referees.

Respect for Team Managers and Program Volunteers. Our program volunteers donate significant time and make great sacrifices to make our program a success. I will listen to and respect my Team Manager, Locker Room Monitors and any Program Volunteers. I will ask questions if I do not understand. I understand that they are giving their time to make our program the best it can be. I will not swear, use foul language or talk back to Team Managers or any other Program Volunteers.

Respect for Stingrays Hockey. I will demonstrate pride in Stingrays Hockey by respecting the rules of the game and the rules posted at our Hockey rink regarding spectator behavior, and also abiding by the rules of any other hockey rink the team may be visiting. I will wear only Stingrays-branded gear to Stingrays skills events, practices and games. I recognize that if I fail to wear the proper gear, I will be asked to change and can return once dressed in the proper gear.

Respect for My Health & Performance. I will never bring drugs, alcohol, tobacco products or weapons of any kind to Stingrays games, practices or other events. I will not get involved in illegal activities such as (but not limited to) theft, assault, vandalism, disorderly conduct, etc.

Academic Performance. Be a student athlete and demonstrate your ability to balance the roles of being a full-time student and student athlete with grades that exceed the leagues

minimum standards. Strive to achieve our highest honors and be recognized at our annual banquet for one of the following:

- The **Scholastic Achievement Award** is presented to those players who have maintained a GPA of 3.0 to 3.49 over the course of the academic year.
- The **Outstanding Scholastic Achievement Award** is presented to those players who have maintained a GPA of 3.5 and above over the course of the academic year.

Team and League Policies. In addition to the development of our hockey players and enjoyment of the sport of hockey, the safety and protection of our participants and staff are central to the Corona Norco Stingrays' goals. The Corona Norco Stingrays' program adheres to both the Anaheim Ducks High School Hockey League's (ADHSHL) rules and USA Hockey's SafeSport Program as a means to help protect its participants from physical abuse, sexual abuse and other types of misconduct, including emotional abuse, bullying, threats, harassment and hazing.

To help prevent abuse or misconduct from occurring in our locker rooms and on social media, the Corona Norco Stingrays' program has adopted both a locker room policy and social media policy. These policies are designed to set a standard for conduct, maintain personal privacy and reduce the risk of misconduct in our program. These policies are intended to augment, not replace, any current and future policies of the ADHSHL and SafeSport.

Penalties for Violation of Player Code of Conduct

If I violate this Player Contract, I agree that the coaches may give me a warning or ask me to leave the ice (Minor Penalty). If I continue to be disrespectful of the Stingrays Code of Conduct, I may be asked to leave the ice, have a meeting with the coach and parents, or be benched for several shifts, a period or a game (Major Penalty). I acknowledge that the penalty for my violating the Code of Conduct will be determined by the coaches based on the frequency and nature of my conduct and the circumstances at the time of the incident. If I receive a major penalty, I will be expected to tell my parents, with honesty and sincerity, how I broke my promises to the team.

The suspended player must attend all practice sessions, games, scrimmages, etc. during the period of suspension and be on the bench in full gear with his/her teammates for suspension games. All penalties must be served on the player's primary team, and he/she shall not be allowed to skate up until the penalty has been served. All game suspensions and code violation hours must be completed prior to reinstatement and all violations and resulting penalties carry over from one season to the next season.

If a player or parent has an issue with a coach's application of a Penalty, they shall bring this information to the team manager for their child's team after adhering to the 24 Hour Rule (see Appendix).

Any Penalties that are disputed by a player or parent can be escalated to the Disciplinary Chairman of the Corona Norco Stingrays. The Disciplinary Chairman (DC) is responsible for investigating and enforcing all Code of Conduct violations.

In the event a violation is reported to the DC, the DC shall notify the player and his parent(s) and provide them with the opportunity to address the alleged violation. The DC shall then meet to consider all information relating to the violation and determine, in the DC's discretion, whether or not a violation occurred. No meeting shall be required if the player and his parent(s) admit the violation. If the player and parent(s) disagree with the decision of the DC, they may appeal that decision to the Corona Norco Stingrays board of directors.

The DC may impose penalties including, but not limited to game suspensions and increased suspensions for subsequent offenses. If players do not comply, they can be asked by the DC to be removed for the remainder of the season without reimbursement of registration fees.

The discipline policy below will be used as a guideline for penalties of offenses for a player, coach, or member of Stingrays when required.

1. 1st Offense – Written probation for 45 days, any additional offense within the 45 day probationary period will be a one (1) week suspension.
2. 2nd Offense – one (1) week automatic suspension
3. 3rd Offense – two (2) week automatic suspension
4. 4th Offense – Dismissal from program without refund

Note: ADHSHL and Safe Sport rules and penalties shall be enforced and precede Corona Norco Stingray's policies.

The Code of Conduct is to be in full force on a year round basis, from registration to registration.

I understand that by signing this agreement I promise to uphold the Stingrays Player Code of Conduct. I realize that violation of this Code of Conduct may result in loss of ice-time, suspension for part of or all of a game, or even ejection from the Stingrays Program.

PLAYER

DATE

PARENTS/GUARDIANS

DATE

COACH

DATE

Appendix

The 24 Hour Rule

Coaches are the vehicle that provide organized youth athletics an existence. As parents we will not always agree with a coach's decision. However, it is important to recognize that the coaches role is to make decisions for the team first and a player second. Often, we tend to recognize the coaching staffs' decisions through our player first and the team second. Also, we need to understand that most players are not aware of any problem until we, as parents, bring it to their attention.

Many sports throughout the United States have adopted the 24 Hour rule in an effort to address significant concerns, while attempting to remove the emotional concerns, particularly in the presence of the youth athlete.

The Corona Norco Stingrays Hockey Program subscribes to the 24 Hour Rule.

This means that parents are not to discuss any "negative" game situation with the coaching and management staff until at least 24 hours have passed from the completion of the game. At this point, if the issue remains a concern, the following procedure must be followed:

1. The parent will contact the team manager and schedule a meeting with the team manager that will be documented.
2. The team manager will discuss the area of concern with the coaching staff and obtain a documented, consensus, recommendation.
3. The team manager, the coach or the coach's representative, as directed by the coach, will respond to the issue of concern to the parent.
4. If the parent feels that the issue of concern remains and has not been appropriately addressed, the parent may schedule a meeting with the Disciplinary Chairman or Director of Coaches as appropriate.

Violation of the 24 Hour Rule will be addressed as Zero Tolerance by the Disciplinary Chairman and will result in a 30 day suspension of the player.

Please respect the significance of the 24 Hour Rule Policy. If we honor this concept, concerns will be moved away from an audience with our children, a possible ill-timed discussion, and issues will be viewed in the proper perspective.